



IN THIS ISSUE...



Children and Screens' 2nd *Digital Media and Developing Minds* National Congress | [read more](#)



Children and Screens Awards \$200,000 in Grants with Another \$100,000 Grant Pending | [read more](#)



Check Out Our Career and Internship Opportunities! | [read more](#)

And in Case You Missed It...



Children and Screens Co-Hosts Interdisciplinary Workshop | [read more](#)



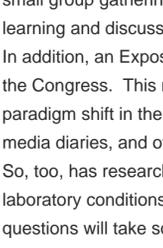
Children and Screens Produces *Pediatrics* Supplement on Effects of Media Exposure | [read more](#)



Children and Screens Hosts Interdisciplinary Summit | [read more](#)



Children and Screens Calls for New Dedicated Center Devoted to Children and Media Research | [read more](#)



Children and Screens' 2nd *Digital Media and Developing Minds* National Congress

October 15-18, 2018 - Long Island, NY
Registration Now Open
Abstracts Due July 27

Excitement is building about Children and Screens' Second National Conference and Exposition that will take place in partnership with Cold Spring Harbor Laboratory on October 15-18, 2018. This continues the Institute's ongoing effort to research, define and promote childhood media health. Like the First National Congress in 2015 co-sponsored with the National Academy of Sciences, the upcoming event will gather interdisciplinary researchers, clinicians, educators, philanthropists, and other thought leaders from many fields. Lectures, panels, small group gatherings, and informal interactions will allow many opportunities for learning and discussions and for discovering potential partners for future projects. In addition, an Exposition on Tools and Methodologies will run concurrently with the Congress. This new program reflects the Institute's desire to encourage a paradigm shift in the research community. Studies based on parental surveys, media diaries, and other indirect methods have helped frame important questions. So, too, has research conducted on small groups of children under controlled laboratory conditions. However, the Institute believes that answering those questions will take something more, such as realtime monitoring, advanced imaging techniques, continuous, large-scale, and long-term measurement of children's media exposure and its positive and negative effects on young bodies and minds. The technology needed to do such research - from low-cost sensors to advanced methods of data management and analysis - is emerging now. The Second National Congress and Exposition on *Digital Media and Developing Minds* will showcase these advances.

The registration fee is all-inclusive, from on-site accommodations to meals and snacks during the event.

Congress Committee

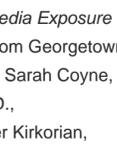
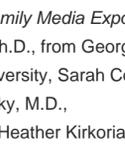
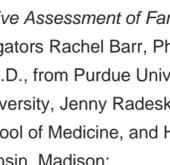
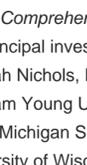
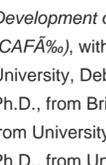
- Dimitri Christakis, MD, MPH
- Elizabeth Englander, PhD
- Patricia Greenfield, PhD
- Carrie James, PhD
- Larry Rosen, PhD
- Melina Uncapher, PhD
- Ellen Wartella, PhD
- Paul Weigle, MD

Tools and Methodologies Exposition Project Manager

Elizabeth Vandewater, PhD

To learn more, register and submit abstracts, [click here](#).

For more information, contact info@childrenandscreens.org.



Children and Screens Awards \$200,000 in Grants with Another \$100,000 Grant Pending

Children and Screens has awarded two, \$100,000 scientific grants to interdisciplinary research groups (with another \$100,000 grant pending) to pursue critical questions on the effects of media exposure on toddlers, children, adolescents and families. The grant-winning projects are:

- *Development of a Comprehensive Assessment of Family Media Exposure (CAFÁ%)*, with principal investigators Rachel Barr, Ph.D., from Georgetown University, Deborah Nichols, Ph.D., from Purdue University, Sarah Coyne, Ph.D., from Brigham Young University, Jenny Radesky, M.D., from University of Michigan School of Medicine, and Heather Kirkorian, Ph.D., from University of Wisconsin, Madison;
- *Parent and Peer Influences on Social Media Use in Early Adolescence: Implications for Psychosocial and Behavioral Health*, with principal investigators Linda Charmaraman, Ph.D., from Wellesley College for Women at Wellesley College and Megan Moreno, M.D., M.P.H., M.S.Ed., from University of Wisconsin, Madison.

Children and Screens is excited to support these important research projects, which will help us better understand the multifaceted impact of digital media on youth, and lay a foundation for healthy experiences. The intent of the grants is to help interdisciplinary investigators collaborate and collect data to support applications for major financial support from traditional funding sources.



Joint Media and Early Childhood Workshop with NICHD

Children and Screens partnered with the *Eunice Kennedy Shriver* National Institute of Child Health and Human Development to co-sponsor and co-organize the 2018 *Media Exposure and Early Child Development Workshop*. Held in Bethesda, MD, in January 2018, the workshop attracted nearly 50 experts on media and children's development, who heard from a diverse array of speakers from such fields as population health, pediatrics, child development, cognitive science, neuroscience, and educational technology.

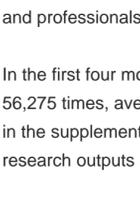


(From L to R) James Griffin, Pam Hurst-DellaPietra, Dara Blachman-Demner, and Ruben Alvarez

All attendees shared interdisciplinary perspectives and collaborated to identify research gaps and opportunities for maximizing the benefits of early childhood media exposure while minimizing the pitfalls. One of the key goals of the workshop was to create synergy between basic and applied research. A related goal was to demonstrate the essential role of the understanding and the impact of media exposure and use on learning and early childhood development. [Learn more.](#)



Lisa Freund, James Griffin, and Ruben Alvarez



Children and Screens Creates Special Supplement to *Pediatrics*

Children and Screens created a [special supplement](#) published in the November 2017 issue of *Pediatrics* titled, "Children, Adolescents and Screens: What We Know and What We Need to Learn." The first-ever supplement on this topic released by the journal, incorporated research in the fields of psychiatry, psychology, neuroscience, pediatrics, sociology, anthropology, communications, education, law, public health, and public policy among others. The supplement was the result of a groundbreaking collaboration among more than 130 leading interdisciplinary experts with diverse perspectives. It is also the largest supplement that *Pediatrics* has ever published. This unique resource builds on the 2015 Arthur M. Sackler Colloquium, "Digital Media and Developing Minds," and comprises 22 high-quality white papers authored by 130 academics, researchers, and professionals.

In the first four months since publication, the articles have been viewed a total of 56,275 times, averaging just under 2,500 views per article. Of the articles included in the supplement, 17 were among the top 25%, and 5 were in the top 5%, of all research outputs as scored by Altmetric.

Congratulations to all the authors, [listed here](#) in alphabetical order.

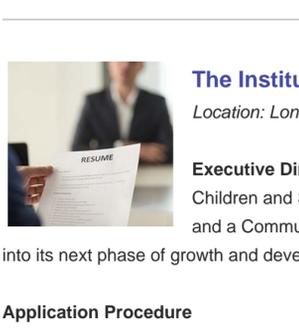


2017 Interdisciplinary Summit on Children and Screen Time

To promote the release of the *Pediatrics* Supplement, Children and Screens hosted an interdisciplinary summit with pediatric media experts, researchers, advocates, and policymakers at the National Press Club in Washington, DC on November 1, 2017. The summit addressed what is known and what still needs to be learned about the relationship between children and media, and offered a roadmap for moving forward. [Read more.](#)

The event was moderated by Amy Joyce, editor of *The Washington Post's* "On Parenting" section. A panel of experts, including Pamela Hurst-Della Pietra, D.O., Dimitri Christakis, M.D., MPH, Ellen Wartella, Ph.D., Kaveri Subrahmanyam, Ph.D., and Kathryn Montgomery, Ph.D., spoke a variety of topics: cognitive effects of children using screens, very early introduction of digital media, and Internet, social media, and gaming addiction, among many others. More than 100 summit attendees included policymakers, government agencies, clinicians, educators, and the public. For research summaries, [click here](#).

Children and Screens Calls for New Dedicated Center and Funding Devoted to Children and Media Research



(L to R at the Hart Senate Office Building) Dr. Kaveri Subrahmanyam, Howard Soriano, Dr. Pam Hurst-Della Pietra, Dr. Sandra Calvert, and Dr. Dimitri Christakis

Last summer, Dr. Hurst-Della Pietra of Children and Screens drafted a policy statement in collaboration with the policy workgroup. In the fall, a team from Children and Screens met with government officials, representatives, and staffers to recommend the formation of a center within NIH focused exclusively on research on potential effects of children's exposure to media effects and emerging technologies. The brief also called out the urgent need for a national multicenter longitudinal study centered on children's media use. In the near future, U.S. Senator Ed Markey (D-MA), along with Representative John K. Delaney (D-MD) are expected to introduce legislation calling for such a Center. Additionally, U.S. Senators Brian Schatz (D-HI) and Michael Bennet (D-CO) have asked the NIH to provide a briefing on the scientific basis for technology addiction and its effect on childhood development. Cheers to them!



Dr. Sandra Calvert and Dr. Dimitri Christakis

The Institute is Growing!

Location: Long Island, NY - near Stony Brook

Executive Director and Communications Director

Children and Screens is seeking an Executive Director and a Communications Director to lead the organization into its next phase of growth and development.

Application Procedure

For more information, [click here](#).

2018 Internship Opportunities Also Available!

These summer and fall internships in Research and Communication begin immediately, and are opportunities for undergraduate students in their junior or senior year, recent college graduates or graduate students in a related field to gain experience. Selected interns will work at the Institute's offices on Long Island, NY and will last a semester or longer.

For more information on individual openings, [click here](#).